



12.0 Adjusting the handlebar and saddle

Tools: 5 mm Allen key

The multi-adjustable handlebar and saddle height enable driver of any size to achieve an ideal posture for riding.

The saddle height should be slightly lower than on a normal cycle.



12.1

The ergonomic design of the handlebar allows varying hand positions and support for the elbows and forearms.



12.2

The highest cycling position with the handlebar as far forward as possible allows extra legroom.

12.3

Adjust the handlebar by loosening the screws on the stem using a 5mm Allen key. The attachment of the brake lever should also be loosened using a 5 mm Allen key when adjusting the handlebar.

When you have found the ideal position for cycling, secure the handlebar, stem and brake levers using a 5 mm Allen key.



12.4

Lowest cycling position with the handlebar close to the cyclist.

